

## An Act of Spiritual Communion

(When you cannot go to the Church, and yet desire to join, in spiritual intention, in the sacramental offering at the Altar, read the service through the Creed, including the Collect, Epistle and Gospel, then add such prayers, psalms, and hymns as you have opportunity. The following form may be used:)

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

Worship the Lord in the beauty of holiness; let the whole earth stand in awe of him.

Let the words of my mouth and the meditations of my heart be always acceptable in your sight, O Lord, my strength and my redeemer.

Glory be to the Father and to the Son, and to the Holy Spirit. Amen.

Bless the Lord who forgives all our sins;  
His mercy endures for ever.

Almighty God, to you all hearts are open, all desires known,  
and from you no secrets are hid: Cleanse the thoughts of our  
hearts by the inspiration of your Holy Spirit, that we may  
perfectly love you, and worthily magnify your holy Name;  
through Christ our Lord. Amen.

Holy God,  
Holy and Mighty,  
Holy Immortal One,  
Have mercy upon us.

(The Collect of the Day)

The Lessons (Here read a passage or passages from the Bible. You Can find the readings for the Day by going to <http://www.lectionarypage.net>)

The Nicene Creed

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,

true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

*then say:*

Lord Jesus, I cannot now worship you at the altar of the church in the Sacrament of your Body and Blood, yet in spirit I would join myself with all those who in your Holy Church offer you the sacrifice of praise and thanksgiving. Visit me, I pray, with your mercy, pardon, and blessing, and fill me with faith and love and repentance, and so strengthen and sustain me by your grace that I may with pure heart and mind follow you, the only God, now and ever. Amen.

*Here add the Lord's Prayer and other hymns and prayers.*

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.

(Offered by the Rev. Christopher L. Webber <http://www.clwebber.com>)