National Suicide Prevention Lifeline: 1-800-273-8255  
Suicide is the leading single cause of death in our nation

May is Mental Health Awareness Month  
September 10 is Suicide Prevention Day

A) Secular Resources for Mental Health:

NIMH  
One of the National Institutes of Health, The National Institute of Mental Health (NIMH) is the largest scientific organization in the world dedicated to research focused on the understanding, treatment, and healing of mental disorders. It is the go-to for information on signs, symptoms, treatments of mental illnesses. Excellent educational material, downloadable free of charge.  
NIMH.NIH.gov

SAMHSA  
Substance Abuse and Mental Health Services, the go-to for information on dual diagnoses, eg addiction and a co-occurring mental illness. SAMHSA also has excellent educational material, downloadable free of charge.  
Samhsa.gov

NAMI  
National Alliance on Mental Illness, the go-to for community peer support, for patients and families alike. Goals are advocacy, support, and education. National, state-by-state, region-by-region.  
NAMI.org and/or NAMICT.org

National Action Alliance for Suicide Prevention  
NAASP focuses on community-based suicide prevention. Goal is to reduce by 20% the number of suicides by 2025  
Theactionalliance.org  
https://www.youtube.com/watch?v=QE-eAKmkF7U&feature=youtu.be

QPR  
Suicide Prevention model: Question, Persuade, Refer  
qprinstitute.com

B) InterFaith Resources for Mental Health:

NAMI FaithNet  
An interfaith ministry of NAMI  
https://www.nami.org/namifaithnet

Mental Health Ministries  
Education, Commitment, Welcome, Support, Advocacy for mental health among religious communities.  
Mentalhealthministries.net

Expanding Connections  
Religious of the Sacred Heart (Nancy Kehoe, PhD)  
http://expandingconnections.com/
C) Christian:

Note: Interestingly, it is the Evangelical churches that have been on the forefront of mental health awareness and stigma busting. It could be the suicides among clergy (e.g., Jarred Wilson, a pastor educating on suicide who later took his own life) and in clergy families (e.g., Matthew Warren, Rick and Kay Warren's son) that have impelled action for mental health initiatives.

Faith Behind Bars
Prisons are now the largest mental institutions in the United States, with the fewest resources for mental health care.
http://faithbehindbarsandbeyond.org/

Gateway to Hope
On the campus of St Martin’s Episcopal Church, Houston, Gateway to Hope offers training, support and education on mental health
https://hopeandhealingcenter.org/gateway-to-hope/

Hope and Healing
Holistic approach, support, education, mental health coaching.
https://hopeandhealingcenter.org/

Minds Renewed
A mental health "clearing house" to help those with poor mental health find faith-based care across the USA.
Mindsrenewed.com

Pine Rest Christian Mental Health Resources, Michigan
The fourth largest mental health facility in the USA, Pine Rest is self-identified as a Christian center for mental health care, both in-patient and out-patient. Located in Michigan, this might be an option for those who wish to be far from home during treatment. PR also has a strong on-line presence for distance learning.
Pinerest.org

D) Beyond the strict definition of mental health resources:

Center for Reconciliation, Duke Divinity School
CFR “inspires, forms, and supports leaders, communities, and congregations to live as change agents of reconciliation. Africa, Asia, USA, etc.
https://divinity.duke.edu/initiatives/cfr

Theology, Medicine, and Culture Initiative, also at Duke Divinity
Scholarship, Formation, and Witness at the intersection of Theology and Medicine
https://tmc.divinity.duke.edu/about-theology-medicine-and-culture/

E) For Further Reading

See the expanded bibliography in the 2015 edition of my Darkness is My Only Companion etc
Greene-McCreight, updated 4/1/20