



EPISCOPAL CHURCH IN CONNECTICUT
PARTICIPATING IN GOD'S MISSION

SPRING TRAINING AND GATHERING ~ APRIL 7, 2018

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Link to the electronic evaluation for this event: <https://form.jotform.com/80676405154154>

CHRISTIAN FORMATION

- **It Starts with You: An Asset-based Approach to Youth Ministry** - The Rev. Matt Lindeman

The primary assets you've been given in youth ministry are YOU and the youth you've been entrusted with in your context. This workshop will include theological framing for youth ministry, basic principles of group development, practical tips for cultivating relationships in the group and empowering youth to take their place in the church. It will require active participation and rely on the input and experiences of participants. Come dressed to move!

Facilitator: *Matt Lindeman* is passionate about working with youth and has been doing so for two decades, beginning as a summer camp counselor at Camp Stevens and Episcopal Camp and Conference Center in San Diego County. He has served as a wilderness trip leader for freshman at Earlham College, a youth development volunteer in the Peace Corps, El Salvador, an interim Summer Camp Director at the Barbara C. Harris Camp and Conference Center, and as the Associate of Youth and Family Ministry at Trinity Southport. Matt has supported two delegations of Connecticut youth at the Episcopal Youth Events in 2014 and 2017. He currently serves as rector at St. Peter's, Milford.

- **Paint and Pray** - Ann Post

This workshop invites participants to use bamboo brushes and watercolor paint to create a "visual prayer". We will also be writing a haiku poem/prayer. Meditative music will help to create the mood and assist in the act of creative spiritual response. Join us for a different approach to prayer, using ancient Asian artistic and literary techniques.

Facilitator: *Ann Post* is the Director of Children's Ministries and art teacher at St. Paul's Episcopal Church and Day School in Riverside, CT

COMMUNICATION

- **Beautifully Easy Church Websites using Wordpress (Even you can make one!)** - The Rev. Adam Thomas and the Rev. Adam Yates

People discover churches online. That's just a fact and it isn't going to change. In this workshop you will learn three things. First, you will learn about the dual nature of church websites as both marketing tool and member connector; second, you will learn the common pitfalls of church websites and how to avoid them; and third, you will learn about the Wordpress platform, which the workshop hosts use with great results in their own contexts. This workshop will be a mix of technical walkthrough and effective digital communications praxis, along with a dose of humor. And, you only have to remember one name when addressing the facilitators!

Facilitators: *Adam Thomas and Adam Yates* are two of the younger rectors in the Episcopal Church in Connecticut. Serving God at St. Mark's, Mystic and St. Stephen's, East Haddam respectively, this pair of Adams has a passion for digital

evangelism. They are founding members of ECCT's Digital Ministry Network and are even now scheming ways to get every church in the ECCT full wireless coverage in their buildings. (According to the Adams, it's cheaper than you might think.) Both Adams have years of experience working with church websites and Wordpress in particular, and are uniquely suited to instill in you the confidence to make your own site in house.

- **Social Media Ministry 101: The Basics for Sharing Digital Faith** - Carolyn Clement

Let's start at the very beginning for those new to social media or those who already have a social media account and would like to learn how to use digital tools to share and grow their faith. This will be a basic, interactive session, answering questions like: *What exactly is a hashtag? What's the difference between a Facebook Page and a Group? What social media apps should I try out?* Come to this session with your questions and you'll come out with answers.

Facilitator: *Carolyn Clement* created Social Media Sunday at Trinity Church, Tariffville in 2013, which is now a yearly national event, generating over 10 million digital impressions each year. She is a moderator of the Church Social Media (#ChSocM) tweetchat and has a passion for helping people learn to effectively use social media. She is a frequent presenter to parent groups, professional organizations, and people of all ages. Connect and share your questions before and after Spring Training @singingcarolyn on Twitter.

- **Social Media Ministry 201: Strategy, Tactics, Tips & Tools** - Carolyn Clement

Facebook, Twitter, Instagram, Snapchat - where should you be and what should you do there to be a part of God's Digital Mission? Strategy and suggestions in this workshop will help you feel confident in your social media ministry. You'll come away with new ideas and tools to try and will be a part of an ongoing digital community where you can continue the conversation and learning.

Facilitator: *Carolyn Clement*, See Social Media Ministry 101 above

CONNECTING AND COLLABORATING

- **Living Local Joining God: Renewing Parish Life through Discipleship** - The Rev. Canon Tim Hodapp

We're into our second year of *Living Local Joining God*, this grand multi-diocese experiment that is training a group of disciples within several of our parishes across ECCT. The focus of this training is using five classic Christian practices to engage small groups of individuals within congregations in the work of the Gospel. Join us for a lively discussion as a panel of participants share what they've learned, how the process is changing their lives, and the impact of this process on the life of particular parishes and/or communities where these *Parish Guiding Teams* live, work, and pray. You'll hear from participants — guiding team members, coaches, clergy, and diocesan players — sharing the joys and challenges of this grand experiment.

Facilitator: *Tim Hodapp*, Canon for Mission Collaboration, serves the Episcopal Church in Connecticut (ECCT) as the resource for congregational life and mission-focused cooperative efforts. Collaboration—between worshipping communities, across Regions and among Ministry Networks, and between Region Missionaries—captures most of Tim’s portfolio. Tim combines his 30 years as an ordained minister (from large urban congregations and small town parishes to university chaplaincy and diocesan staff) with his experience as an advertising copywriter and creative brand strategist, to bear on his current ministry. “Collectively exploring our stories, both personally and within our worshipping communities, helps us identify the mirrors of our lives in sacred scripture. There, we uncover what God may be calling us to,” Tim explains. “Knowing ourselves in the context of our neighborhoods helps us truly engage as disciples where we live and work.”

- **Making Church Fun and Building Community at the Same Time** - Jeannette L. Brown

In this workshop we will discuss ways we can:

- “Be” church outside the box
- Craft opportunities to build relationship
- Promote church members’ engagement with one another
- Foster activities that help us explore our spiritual journey
- Identify a significant untapped resource in your own parish

Facilitator: *Jeannette Brown*, a cradle Episcopalian and member of St. James’, Glastonbury, was baptized at St. Monica’s, Hartford, and confirmed at St. James’. She has held a variety of positions in the Episcopal Church including parish newsletter editor, Sunday school teacher, vestry member, stewardship chair, member of diocesan staff, delegate to convention, deputy to General Convention and more. Jeannette holds a BA from Mount Holyoke College and a JD from the University of Texas at Austin. When not occupied with church activities, she does some freelance legal technical writing.

ESSENTIAL PARISH OPERATIONS

- **Maintaining a Staff as a Religious Organization** - Kayla Tubolino

This workshop will discuss the onboarding process of recruiting, hiring, letter of employment and orientation. It will cover guidelines to follow when managing performance of an employee and the correct way to document this process. It will briefly cover how to write job descriptions and provide a template. The workshop will also cover policies for the HR Manual used by ECCT and ways to utilize the handbook. Time will be allotted for individuals with specific questions to their respective parishes.

Facilitator: *Kayla Tubolino* joined ECCT as the HR Administrator in November 2015. Kayla now also oversees administration of Title IV cases in CT as part of her job portfolio. She graduated from the Isenberg School of Business at the University of Massachusetts, Amherst where she studied Business Management. After graduation Kayla joined Target as an Executive Team Leader in Human Resources where she supported a staff of 200 employees. There she took part in the HR

Compliance Assessments and district-wide auditing of HR policies and procedures. In 2013 Kayla joined TJX Companies where she took part in driving profitable sales for the children's division of Marshalls. She also assisted in a company initiative to support employees and build retention strategies. Kayla lives in Cromwell with her husband and two children.

- **Vestry 101: What is a vestry and what does it do?** - The Rev. Lisa Hahneman and the Rev. Geoffrey Hahneman

This workshop is designed for those who are new to vestry or have questions about the structure, purpose and functioning of a vestry. Topics include:

- Roles and responsibilities of officers, vestry, and ordained leadership
- Agenda design
- Best practices for effective vestry meetings
- Guidelines for Mutuality (conversation)
- Exploration of the two major responsibilities of a vestry: parish management and parish leadership

Facilitators: *Lisa Hahneman* is the rector at Church of the Holy Spirit, West Haven where she has served since 2009, and she is a member of ECCT's Interfaith Ministry Network.

Geoff Hahneman serves as rector at St. John's, Bridgeport, where he has been since 2005, and is a member of ECCT's Hispanic Ministry network.

- **Vestry 201: Business Practices** - The Rev. Canon Lee Ann Tolzmann

This workshop reviews business practices to equip vestry members to be good stewards of parish resources. Topics include:

- Church as employer of lay and ordained
- Parochial reports
- Budgeting process
- Financial reporting
- Risk management, insurance and safe church practices

Facilitator: *Lee Ann Tolzmann* began serving as ECCT's Canon for Mission Leadership in August 2015 after serving seven years as the rector of St. Paul's, Riverside. She was ordained in the Diocese of Maryland after attending General Seminary and served as rector of a parish in Baltimore for several years. She is a lifelong Episcopalian who loves seeing the Holy Spirit at work in the lives of clergy and parishes as they travel the journey through transition.

- **Vestry 301: Communication and Vestry Covenants** - The Rt. Rev. Dr. Laura J. Ahrens and the Rev. Susan Pinkerton

This workshop explores key leadership principles and practices in parish life. Ways to avoid triangulation, rumors, and parking lot meetings will be shared. We will also look into how to write and live into a vestry covenant.

Facilitators: *Bishop Laura Ahrens*, Bishop Suffragan of the Episcopal Church in Connecticut, is passionate about exploring with congregations how parish leadership, lay and ordained, can engage God's Mission in their local context through prayerful discernment and collaborative partnerships. With Bishop Douglas she seeks to create vibrant and engaging spaces where Christians can deepen their understanding of God's love and try on new ways of speaking about and sharing that love with others.

Susan Pinkerton is the first woman rector of St. John's Church, West Hartford. She began her vocation in ordained ministry after a successful career as a trial attorney. Susan values wise and dynamic leadership who benefit a faith community when they work in concert toward specifically defined goals with transparency and good will.

- **Treasurer's Toolkit - Canon Louis Fuertes**

What is the scope of a Treasurer's responsibilities? This workshop will include tips for managing your parish's budget process, Parochial Reporting made (relatively) painless, and group discussion of parishes' most challenging parish financial policy issues.

Facilitator: *Louis Fuertes* is our Canon for Mission Finance & Operations for ECCT. He has 20 years of financial services industry experience with JP Morgan Chase and Citibank. Prior to that, he was a Principle in the Financial Services practice at Booz, Allen & Hamilton, a management consulting firm. Mr. Fuertes holds engineering degrees from Brown University and M.I.T. and an MBA from Harvard University. Mr. Fuertes has also served as a member of ECCT's Program and Budget Committee, as a Financial Coach in ECCT's Mutual Responsibility and Interdependency (MRI) program and as Treasurer and Finance Committee Chair of Christ & Holy Trinity Church in Westport.

- **Parish Buildings: Better Serving You and Your Community - Don Dupont**

This workshop focuses on the care and stewardship of our church properties. We will explore how a thorough and well-planned preventative maintenance program can benefit buildings, budgets and insurance costs, and ways a parish can use their facility to produce income while serving needs in their community.

Facilitator: *Don Dupont* recently took responsibility for managing the property assets owned by ECCT. In his role here, he performs property evaluations, prepares properties for sale or lease, hires and oversees vendor selection for property repair/improvement/development and interfaces with staff/management regarding all issues regarding Diocesan assets. Don is the former owner of Dupont Systems, Inc. and Dupont Archives LLC and currently is President of RFD Realty LLC, a commercial property development group and partner in DTD Group LLC, a residential development group.

- **One Day the Rector Will Leave: Are we ready to go into transition? - The Rev. Canon Lee Ann Tolzmann**

The median length of tenure for a full-time rector is now six years. Transition is no longer an isolated event in the life of our parishes. It has become a way of life,

and it does not have to be a major disruption. This workshop will prepare parish leadership to plan for regular leadership transitions and to move through them in life-giving ways.

Facilitator: See *Vestry 201* above

- **Into the Wilderness? Clergy Transition Pathways in ECCT - The Rev. Canon Lee Ann Tolzmann**

More than half of the parishes in ECCT are staffed by clergy working part-time and there are shrinking numbers of clergy available for work even when it is full-time. There is no "one size fits all" for parish clergy transitions today. Today's reality calls for flexibility and agility. Hear about today's reality and the options available to ECCT parishes when their clergy depart.

Facilitator: *Lee Ann Tolzmann* - See *Vestry 201* above

LEADERSHIP

- **The Art of Risk Taking: A Toolkit for Taking Risks; Handling Fear, Failure, Rejection and Criticism, and Building a Meaningful Life - Caitie Whelan**

Do you have some un-risked risks in you? Is fear of failure, rejection, and criticism holding you back? Well, come on over to this high-energy interactive workshop full of concrete tools on taking risks; handling fear, failure, rejection, and criticism; and building a meaningful life at church and in the world.

Facilitator: *Caitie Whelan* is the Founder/Noter-in-Chief of *The Lightning Notes*, a short daily post to help us move the world forward. It features great ideas and striking stories to remind us that we matter and that improving the world matters. Prior to *The Lightning Notes*, Caitie was a Senior Foreign Policy Advisor in Congress, co-founded a school in India with a community of lower caste musicians, and raised pigs in Italy. She is a graduate of Brown University - where she co-launched their Social Innovation Initiative and is a member of the Brown Women's Leadership Council - and the Salt Institute for Documentary Studies, where she co-founded and chaired the Salt Alumni Board. She is a Truman Scholar from Maine.

- **Your Parishioner's Glasses - Jon Laing**

The purpose of this workshop is to help people "see" how they are perceived by others. Participants discuss a variety of interpersonal skills topics and complete a self-evaluation form. The self-evaluation form becomes a roadmap for self-improvement. This is a revised version of a workshop designed by Jon titled *Your Customer's Glasses* which has been delivered to in excess of 1,000 people throughout the United States.

Facilitator: *Jon Laing* is the Director of Training & Development for ASSA ABLOY Door Security Solutions. He conducts workshops throughout the United States on topics ranging from Interpersonal Skills, Time Management, Negotiation Skills, Lean Business Practices, etc. Jon is a member of St. Andrew the Apostle Church in Rocky Hill where he is on the vestry and coordinates St. Andrews' Men's Group activities.

- **Addressing Problematic Behaviors in Christian Communities** - Ronald N. Casey, Ph.D.

From time to time, almost all Christian communities experience problematic behaviors including triangulation, sabotage, secret-keeping and bullying. These behaviors can prevent even the most faithful of communities from functioning well and fully engaging in God's mission. Sometimes these behaviors can continue for years before they are addressed. This workshop will help participants recognize problematic behaviors and learn ways they and others can work to minimize these behaviors in their parishes.

Facilitator: *Ron Casey* is the consulting psychologist to ECCT and director of ECCT's Clergy and Family Assistance Program, a mental health triage and treatment service for clergy and their families, as well as lay employees and their families. Ron is also a psychologist in private practice, an Assistant Clinical Professor of Psychiatry at the Yale University School of Medicine and a CREDO faculty member. As a program of the Episcopal Church, CREDO offers wellness conferences and related services for clergy.

- **Effective Leadership in Times of Change and Anxiety** - Robin Hammeal-Urban, Canon for Mission Integrity & Training

God assures us that there is no need for us to be anxious, and yet, anxiety seems to be a common human experience. At times, the power of the Holy Spirit can be hampered by the power of anxiety flowing through a faith community. This workshop will provide practical information to help move forward in the face of change and anxiety. Topics include how emotions spread from one person to another, emotional hijacking, and ways leaders can set the emotional tone of a group.

Facilitator: *Robin Hammeal-Urban* joined the staff of ECCT in 2000 to promote and support safe and healthy boundaries by equipping ECCT to respond to misconduct and violations of clergy professional standards, overseeing appropriate background checks, and coaching parish leaders to respond to misconduct by laity. Additionally, Robin facilitates educational opportunities for lay leaders with a focus on multi-cultural awareness, strengthening relationships and capacity, and safe church training. She is a member of St. James' Church in Glastonbury.

PASSION AND CALL

- **God's Call for You** - The Rev. Charlotte LaForest

The Rev. Charlotte LaForest invites you to experience what a discernment group can offer you. Come join her for a time of reflection and conversation about how God might be calling you. Discernment (the exploration of God's call to us) is something all of us should be about all the time. It is not just for those who might feel a call to ordained ministry. If you are wondering what's next or just desirous of a deeper relationship with God, come join this conversation! This workshop will help you to explore such questions as: Where is your ministry passion? Where is God calling you to mission in ECCT and in the world? What brings you joy? Where do

you see a need for ministry? How might God be calling you to share your gifts more fully with the world?

Facilitator: *The Rev. Charlotte LaForest* is the Assistant Rector at St. John's, Essex. In addition to parish work, Charlotte has worked as a hospice chaplain. Her studies have focused on prayer and spirituality and she has a particular passion for the work of discernment and engaging with God in the midst of our everyday lives. Charlotte and her husband live on the campus of Loomis Chaffee School in Windsor and are the parents of three children.

PASTORAL CARE

- **3M's of Good Health: Movement, Meditation and Music** - Cindy Senk and the Rev. Bob Bergner

3M's of Good Health: Movement, Meditation and Music grew out of Seabury Fitness Director Cindy Senk and then Seabury Chaplain Bob Bergner's popular and successful work teaching the ancient healing practices of yoga, meditation and voice to older adults, and is grounded in the most recent scientific research of the health benefits of those practices. This workshop interweaves chair and mat yoga, breath and walking meditation, and simple chanting to evoke a sense of profound wellbeing and vibrant calm. Journeying through alternate periods of meditation, yoga and song, we discover new depth in our own somatic practice while considering ways to adapt traditional yoga postures for those who prefer to work in a chair rather than on a mat, investigating the power and potential of attentive breathing, and learning simple approaches to singing and community building through shared song. We also discuss ways to take our practice off the yoga mat and meditation cushion and into our daily lives, as well as ways to share these practices, and their benefits, with others.

Facilitators: *Cindy Senk* is the Director of Fitness and Wellness at the Seabury Community in Bloomfield. A certified personal trainer and yoga instructor, Cindy has worked in corporate and commercial fitness, owned a personal training business, and has been an AFAA and Arthritis Foundation master trainer. Among other Seabury duties, Cindy teaches popular mat and chair yoga classes.

Bob Bergner is the priest-in-charge at Grace and St. Peter's Church in Hamden. Bob is also a professional musician and dancer. He and his musical creations appear in theater productions at New Haven's Educational Center for the Arts. He also makes therapeutic music visits to patients at Yale New Haven Hospital and belongs to a number of creative movement collectives. Bob is completing a master's degree with a concentration in psychology at Harvard University, studying the effects of songwriting and singing on self-perceived quality of life and health.

- **Addiction to Recovery: Hope for Addicts, Loved Ones and Families** - The Rev. Philip Bjornberg

This workshop explores the threefold nature of disease in the addictive person - body, mind and spirit - as well as in the family system of associated loved ones through the lens of an addict with long-term sustained recovery. The workshop

offers an overview of how the spiritual discipline of traditional twelve-step recovery addresses these aspects of the addicted individual and family system. The workshop course format is an adaptation of classroom instruction, small group discussion and participant Q & A with a panel of recovery practitioners.

Facilitator: *Phil Bjornberg* is a 2014 graduate of Fuller Theological Seminary in Pasadena, California with a Master of Arts Degree in Theology and Recovery Ministry. As Chaplain at Stonington Institute from April 2015 to October of 2016, Phil taught and facilitated groups on the Spirituality of Recovery and provided individual pastoral counseling to active duty military personnel and veterans with post-traumatic stress (PTSD) and substance abuse (SAD) disorders as well as to acute care clients in the three to five day medical DETOX. Ordained a priest on December 21, 2016 he serves as the Missional Priest at Trinity Church, Portland. Phil is active in not only bringing his ministry to twelve-step recovery communities, but more prophetically, he presents a living testament to the gospel of incarnation through the lens of twelve-step spirituality within traditional faith communities.

- **Alzheimer's/Dementia 101 and Caregiver Stress - Doreen C. Putnam, DCP, CIPG**

This workshop will cover the basics of Alzheimer's and dementia, 10 warning signs of Alzheimer's, do's and don'ts of communication, and identifying caregiver stressors and ways to reduce stress.

Facilitator: *Doreen Putnam* has provided education/training for more than 20 years in the Alzheimer's/dementia field educating caregivers, providing professional in-service training in the health care industry and offering educational programs to community organizations. She currently facilitates nine Alzheimer's/dementia monthly support groups. Doreen was Director of Education for the Alzheimer's Association of CNY, directed a memory-care adult day program and worked as Senior Director of nine memory-care assisted living communities for Benchmark Senior Living in RI, MA and CT. She holds post-graduate, professional certificates from John's Hopkins University and University of Rhode Island, and is certified by the National Council of Certified Dementia Practitioners.

- **Creating an Environment of Recovery from Opioids - Julia Bjornberg**

We still lack a model with which to successfully combat the war on opioids and other addictions. If we continue to reside in the problem(s), we will struggle to gain perspective. But if we ask ourselves what is our connection and what assets do I have to offer, the steps to recovery unfold with more clarity. What is our next step?

Facilitator: *Julia Bjornberg* is a training specialist skilled in cross-cultural communication and facilitation. She thrives in uncovering new levels of self-awareness, sparking innovative thinking, and providing channels to resources. It only takes one step in a direction to be the best you can be. World-traveled, formally educated, and constantly seeking understanding are three traits she is most proud of.

- **Eucharistic Visitor Training** - The Rev. Pat Jackson, Deacon and the Rev. Liz Knauff, Deacon

Haven't seen someone in church for a few weeks? Did you recently call someone on the telephone only to hear that he/she has been unwell for some time and hasn't heard from the church? Such persons could be well served by someone taking the time to pay them a visit. This workshop is offered for anyone who might be exploring ways to be better equipped for God's Mission in the ministry of a Eucharistic Visitor (EV) and is an iteration of the earlier Lay Eucharistic Visitor training done some years ago. It is designed as a guide to introduce the aspects of the sacramental ministry as well as a guide to using a standardized order of service for taking the Church (Body of Christ) to the member who is unable to be inside the church to worship. Handouts will be provided and discussion will include some of the difficult and/or unusual challenges and joys the Eucharistic Visitor encounters while negotiating the busyness and speed bumps that encroach on our lives today.

Facilitators: *Pat Jackson and Liz Knauff* are graduates of the final Ministry Education and Exploration Program (MEEP) held in 2005. They went through Deacon Formation together and were part of the largest group of (ten) Deacons ordained in ECCT in 2007. Pat and Liz are both members of the Deacons Council.

Pat holds a Bachelor of Science degree from Empire State College, Saratoga Springs, NY and is now retired after serving 30 years in the pharmaceutical industry. She served as Deacon for four years at Trinity, Hartford and is currently on assignment at Church of the Holy Trinity, Middletown.

Liz is presently employed at Warehouse Point Library, East Windsor as Children's Program Coordinator. She served as Deacon for four years at Trinity, Tariffville and is currently on assignment at Church of the Good Shepherd, Hartford.

SOCIAL JUSTICE AND ADVOCACY

- **Disturbing the Peace: Jerusalem and Pathways to Congregational Growth** - The Rev. Nicholas T. Porter

This workshop will connect participants with the ministries of local Episcopal organizations actively engaged with the Holy Land and will empower them with resources to fuel parish youth ministry, mission, interfaith outreach, and spiritual growth. Participants will look at issues of identity, diversity, leadership, and conflict in the Holy Land and how to respond constructively and compassionately. The workshop will provide participants with skills to look critically at challenges facing their church communities and provide hands-on opportunities to strengthen their parish's ministry.

Facilitator: *Nicholas* Porter is currently the executive director of Jerusalem Peacebuilders, a non-profit educational organization that operates interfaith peace and leadership programs to unite Israelis, Palestinians, and Americans and provide them with the opportunities and skills they need to become global peacebuilders. Educated in Cairo, New Haven and London, Nicholas is an Episcopal priest and educator whose ministry includes being the International Chaplain to the

Anglican Archbishop of the Middle East, Sub-Dean and Canon Pastor at the American Cathedral in Paris, Rector of Emmanuel Episcopal Church in Geneva and Rector of Trinity Church in Southport, Connecticut. Nicholas joins us today from southern Vermont, where he lives with his wife Dorothy and their three daughters on their family farm.

- **Immigration Update: Welcoming our Neighbors - The Rev. John Carter and Kara Hart**

In this workshop we will talk about how we welcome our neighbors in this day. John Carter will talk about ministry with the Hispanic community near his home as leader of a new Latino congregation and founder of a local sanctuary organization called *Vecinos Seguros*. Kara Hart will discuss the complexity of current immigration law and policy, as well as respond to questions.

Facilitators: A 1967 graduate of Yale University, *John Carter* served in the Peace Corps in South Korea for 4 years. Thereafter, he owned and operated a landscape service for 7 years. After graduating from Virginia Theological Seminary, he served as chaplain of the White Mountain School and worked in churches in North Carolina and Connecticut, recently retiring as Rector of St. John's, Salisbury. He and his wife, Deborah live in Lakeville, CT and have three sons, four grandchildren --- and a cat!

Kara Hart recently joined the law firm of Leete, Kosto & Wizner, LLP, where she practices immigration law. For twenty years prior to that, Kara worked at Greater Hartford Legal Aid representing survivors of violence in immigration matters and providing outreach to increase immigrants' knowledge of legal rights. Kara is a past Chair of the Connecticut Chapter of the American Immigration Lawyers Association [CT AILA] and is currently the Chair of CT AILA's State Advocacy Committee. She has served as a member of Connecticut's Trafficking in Persons Council and of Connecticut's Family Violence Model Policy Governing Council. Kara attends St. James's, West Hartford.

- **Recognizing, Understanding and Appreciating Differences as a Way to See, Name and Dismantle Oppression - Tokunbo Green**

In this workshop we practice using guidelines which have been proven to facilitate honest conversations about a wide array of challenging topics. We will also explore our own multiple identities in which each of us is privileged and those in which we lack privilege, as well as a multicultural change process that is useful to individuals and organizations facing any kind of change.

Facilitator: *Tokunbo Green*, a former Camp Washington camper and lifelong Episcopalian, strives to create a world that is just and right. She graduated from the University of Connecticut School of Law in 2008 and is now a solo practitioner in Bridgeport, CT. She is a leader in ECCT serving on the Disciplinary Board for Clergy, the Commission on Ministry and as a Safe Church Trainer. She is a member of St. John's Church, Bridgeport where she serves on the vestry and property committee.

- **Social Justice & Advocacy in ECCT** - The Rev. Peter Bushnell, John Armstrong and the Rev. Deacon Carolyn Legg

This workshop will showcase some of the work of the Episcopal Church in Connecticut's Social Justice & Advocacy Ministry Network including:

- A thirteen minute video from The Episcopal Church on the *Doctrine of Discovery* concerning the sins of European settlers toward First Nation people in the past
 - Survey for interest in establishing a task force to follow up on our resolution that was accepted by the 2017 Annual Convention of ECCT on reconciliation with First Nation people in Connecticut
 - Jubilee Ministry sites in the Episcopal Church in Connecticut
 - General overview of ministries that are part of the Social Justice & Advocacy (SJ&A) Ministry Network
- **Transgender 101: All those Questions One is Afraid to Ask** - Ace C. Ricker and Jessie O. Karpf

In this time of divisiveness this workshop will offer an opportunity to understand what it means to be transgender and the challenges transgendered persons face in their day-to-day lives from both a transgender person's and a parent's perspectives. This workshop is intended to be a discussion between attendees and presenters.

Facilitators: *Ace Ricker* has been a transgender advocate since the age of fifteen working with many organizations fighting for equality as well as writing and presenting testimonials for house bills such as HB 6599 (An Act Concerning Discrimination) and HB 7006 (An Act Concerning Birth Certificate Amendments). He has spoken at numerous forums such as Yale Divinity, Rutgers, and several others spreading awareness and education about the LGBT community. Ace has an Associate degree in Business Administration & Management and is now attending UCONN to obtain a Bachelors in Communications/Humanities/Business. While at Housatonic Community College, he was the president of U.N.I.T.Y (G.S.A.)

Jessie Karpf is the parent of a transgender daughter and was recently ordained as a permanent deacon in ECCT on February 10, 2018.

STEWARDSHIP

- **Creating Effective Stewardship Materials** - The Rev. Adam Thomas

There are many approaches to funding God's mission in our parishes and worshiping communities, but they all share one thing in common. Effective communication is key in a world where dozens of other charitable concerns compete for the hard-earned dollars parishioners will give. In this workshop, we will examine this communication and look at a case study for a successful annual drive. Design templates will also be available for customization in your own context.

Facilitator: *Adam Thomas* is the rector of St. Mark's, Mystic. He was part of the bishops' deputation to Project Resource in Colorado in 2015 and used some of that learning in St. Mark's 2016 annual drive, which was very successful.

WORSHIP

- **Morning Prayer 101** - The Rev. Carlos de la Torre

Our *Book of Common Prayer* includes the wonderful service of Morning Prayer, one of our Daily Offices. This short service is for the start of each day and can be used by individuals in their homes or congregations in parishes. Designed to be led by clergy or laity, Morning Prayer can be led by laity in a parish on those occasions when a clergy person cannot be present. In this workshop participants will experience the beauty of Morning Prayer and learn how to lead it.

Facilitator: *Carlos de la Torre* serves as Curate at Christ Church, New Haven and as Region Missionary for the Southwest Region. In 2015, Carlos graduated from Virginia Seminary and was ordained a priest on the Feast of the Presentation of the Blessed Virgin Mary. Carlos has worked with parishes, vestries, and learning communities across The Episcopal Church focusing on liturgy and missional engagement.

Link to electronic evaluation for this event: <https://form.jotform.com/80676405154154>