

In the Morning Wednesday, August 5, 2020  
Eve of the Transfiguration

Welcome Ian

Opening prayer

I Arise Today  
I arise today  
In the name of Silence  
Womb of the Word,  
In the name of Stillness  
Home of Belonging,  
In the name of Solitude  
Of the Soul and the Earth.  
I arise today  
Blessed by all things,  
Wings of breath,  
Delight of eyes,  
Wonder of whisper,  
Intimacy of touch,  
Eternity of soul,  
Urgency of thought,  
Miracle of health,  
Embrace of God.  
May I live this day  
Compassionate of heart,  
Clear in word,  
Gracious in awareness,  
Courageous in thought,  
Generous in love.

By John 'Donohue in the book "To Bless the Space Between Us – A Book of Blessings"

Dwelling in the Word

1 Kings 19:1-12 (NRSV)

Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. Then Jezebel sent a messenger to Elijah, saying, "So may the gods do to me, and more also, if I do not make your life like the life of one of them by this time tomorrow." Then he was afraid; he got up and fled for his life, and came to Beersheba, which belongs to Judah; he left his servant there. But he himself went a day's journey into the wilderness,

and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. At that place he came to a cave, and spent the night there. Then the word of the Lord came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." He said, "Go out and stand on the mountain before the Lord, for the Lord is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence.

As you hear the passage being read, what word or phrase is God calling you to notice?  
As you hear the passage read a second time, what might God be calling you to try on at this time?

Following your silent meditation after the second reading, please type your word or phrase into the Chat if you would like to share it. The officiant will invite all of us into a quiet time for a few minutes to prayerfully read and reflect on the words offered in the Chat.

The officiant will end this time of silent prayer with The Lord's Prayer.

The Lord's Prayer

(Host will mute all phones so you will not be hearing one another due to various time lags. You will hear the host of the call)

Zoom call

At end of zoom call

The Closing Prayer

Proper 13, Rite Two

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness;

through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God,  
for ever and ever. Amen.

Blessing