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Dr. Christyn Sieve has been in private practicing specializing in adult and couple psychotherapy since 1999, working from a relational psychodynamic perspective that incorporates both depth and positive psychology, as well as spiritual and mindfulness traditions. Chris uses the foundation of a trusting relationship to help clients manage the many transitions and stressors of adulthood while working to maximize a sense of satisfaction and meaning in life.

Chris has been a member of the St. John's Episcopal Church community in Portsmouth, NH since 1994 where she sings in the choir, and has served on numerous search committees. She chaired searches for two directors of music and ministry, one associate rector and served as co-chair of the search committee to call the current rector who is now in his 15th year of service. She served on the vestry for 3 years and as senior warden for 5 years.

Co-leading clergy retreats and trainings has enabled Chris to help clergy leaders manage the complex relational challenges they encounter in their faith communities.



Patricia Gianotti, Psy.D.
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Patricia Gianotti is the Academic Director of the Institute for Advanced Psychotherapy at Loyola University Chicago. She is also a practicing psychologist and Sr. Warden at Christ Church in Exeter, NH.

A seasoned facilitator and presenter, Dr. Gianotti specializes in focusing on the impact that trauma and neglect have on adult interactions, including families, the work place, and social institutions. Her special interest involves working with clergy and lay leadership helping to strengthen church vitality and manage complicated relational dynamics that threaten harmony and stability.

Dr. Gianotti is the author of three books, *Listening with Purpose*, *Uncovering the Resilient Core*, and her newly released book in May, 2022 entitled *Embracing Therapeutic Complexity*. Along with NH Bishop Rob Hirschfeld, Dr. Gianotti has also filmed a 12-part YouTube video series entitled *Hiding Behind*

the Mask, a series that addresses the topic of shame and narcissism from a psychological and spiritual perspective.

Stephen Gianotti is an organizational development practitioner who applies his deep understanding of systems thinking techniques to real-world, everyday problems. He has worked with the Episcopal and Catholic Churches at the Diocesan and Parish levels on strategic planning, professional development, high-performance teams, integrating new leaders, designing, and administering congregational surveys and assessment instruments, and Rector & Priest coaching. As Chairperson of the Global Society for Organizational Learning, he partners with colleagues and practitioners around the world on a variety of complex and challenging individual, team, and organizational assignments. He is co-author of "Mentoring: Make It a Mutually Rewarding Experience".